

Trempleway Hospital

ADHD VS BIPOLAR DISORDER



Learn the difference
from our mental
health experts

ADHD

Symptoms

Disorganization, mood swings,
hot temper, problems on
focusing, trouble multitasking

The mood change is situational

Changes in mood have an
identifiable trigger

Develops earlier

Present during childhood

Treatment

Can be treated through
medication and behavioral
therapy

BIPOLAR DISORDER

Symptoms

Moodiness, confusion,
periods of anger,
restlessness, impulsive
behavior

The mood change is random

The shifts between high and
low moods are erratic

Develops later

Occurs during late teens to
young adulthood

Treatment

Can be treated
through medication and
psychotherapy



References

Be a good human and cite your sources!